## Run with the Foxes

## Race Day Information for Participants

7:30 a.m. Check in opens. USATF wavier must be signed to receive a race bib.
9:00 a.m. Race announcements
9:05 a.m. Start of 8 mile, 10 mile, and 13 mile races on Cherry Lake dam
9:10 a.m. Start of 5 K race on Cherry Lake dam

- Your bib number must be pinned to the FRONT of your shirt or shorts. Your bib number must be visible to finish line personnel.
- Aid stations with water / Gatorade are located at approximately 3-mile intervals.
- If you are injured on the course and unable to continue, please check in at the nearest aid station if possible. You will be transported to the finish when the aid station closes. First aid will be available for injuries encountered during the run.
- If you run a distance other than the one for which you registered, you must inform timing personnel at the finish. This is the only way we can keep accurate results.
- Amateur radio personnel are on the course to help with communication. Cell phone connections are intermittent in the area.
- Race results will be posted at the race shelter on race day. Complete results will be posted online at www.hoosierhikerscouncil.org later in the day.
- Race photos will be posted on Hoosier Hikers Council's website or Facebook page.
- At the end of the race enjoy cold drinks and food at the shelter house.
- Extra "Run with the Foxes" race shirts may be available for sale at the shelter.


## Thanks for running with us!

